

Himalayan Expedition

Bhrigu lake trek, Manali, Himachal Pradesh.

1st June to 11th June, 2021(10 nights /11 days)

- Day 1:** Departure from Nashik
- Day 2:** Arrival at Chandigarh / Ambala & Evening Departure to Manali.
- Day 3:** Arrival Manali, Camp Site near Burua Village. Acclimatisation Trek to Jogni Water Fall. It's a famous water fall in manali.
- Day 4:** Acclimatisation Trek, Manali Sight Seeing, Visit to Hadimba Temple, Market and Purchasing
- Day 5:** Buruva to kullang trek and Tent pitching, acclimatize trek
- Day 6:** Kullang to panduroopa Trek and Tent pitching, acclimatize trek
- Day 7:** Panduroopa to Bhrigu lake trek and back to Panduroopa camp
- Day 8:** Panduroopa to kullang trek and by car to buruwa , rappelling and river crossing activity
- Day 9:** Rafting (Optional), Manali Sight Seeing (Hadimba Temple), Market visit, Purchasing and evening departure to Ambala / Chandigarh
- Day 10:** Reach Ambala & Departure to Nashik, According to train.
- Day 11:** Arrival at Nashik. Vote of Thanks,

Trek Fees:- Rs.22900/- Nashik to Nashik (Including 18% GST)
Rs.18200/- Chandigarh to Chandigarh (Including 18% GST)
Rs.14700/- Manali to Manali (Including 18% GST)

Seat confirmation Amount Rs. 5000/- (Non Refundable)

Fees by Cash, DD in favour of Bhonsala Adventure Foundation, Nashik.

Fees will cover

- Accommodation in Manali,
- **Nutritious Vegetarian Food (Manali to Manali)**
- Guide Charges, Equipments & Training
- Transportation from Nashik to Nashik. (Nashik to Chandigarh & Return by Train Reservation – III AC, Chandigarh to Manali & Return by bus / Car – Non AC)

Note – Food expenses during travel will be borne by the participant.

Fitness Certificate of the candidate from Family physician is essential for Admission.

Safety:- Extensive & painstaking preparation have gone the planning of the trek routes to ensure participant's safety. However Bhonsala Adventure Foundation cannot be held responsible for any accident, illness and other such untoward incidences.

Cancellation :- In Case you are unable to join the camp after paying the fees, you will get 50% refund provided your request is received at least 15 days in advance from the date of your reporting. Any unforeseen event /Strike or natural calamity will not be considered as a cause of cancellation

Rules & Regulation :

- Do not leave the camp site without permission of group leader or Camp leader.
- Do not keep any weapons with you.
- Do not drink water / eat food items from unauthorized sources.
- While trekking do not enter into any personal property or damage any personal property.
- Do not use abusive or vulgar language with other participants and staff.

Note:- Trekking programme & routes are subjected to change without prior notice.

Please note that this is an environment friendly Trekking programme. Do not litter any wrapper or spoil the site in any way. In case you find any wrapper, plastic bag or anything left by anyone on the way, please carry the same with you for depositing at the camp.

Equipment & Clothing Required :

Rucksack, Cotton or Nylon Thermal Inner, Trek pant & shorts, T shirts, Full Paint, party Dress, Woolen Pullover Full Sleeves, Raincoat, Slippers, Adequate Undergarments, Towel, Socks, Woolen Monkey Cap, Torch with 2 extra Batteries, Sunglasses, Cold cream, Sunscreen lotion, Trekking/sport shoes, Water Bottle, Toilet Paper, Personal Medical Kit, Note Book & Pen.

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